

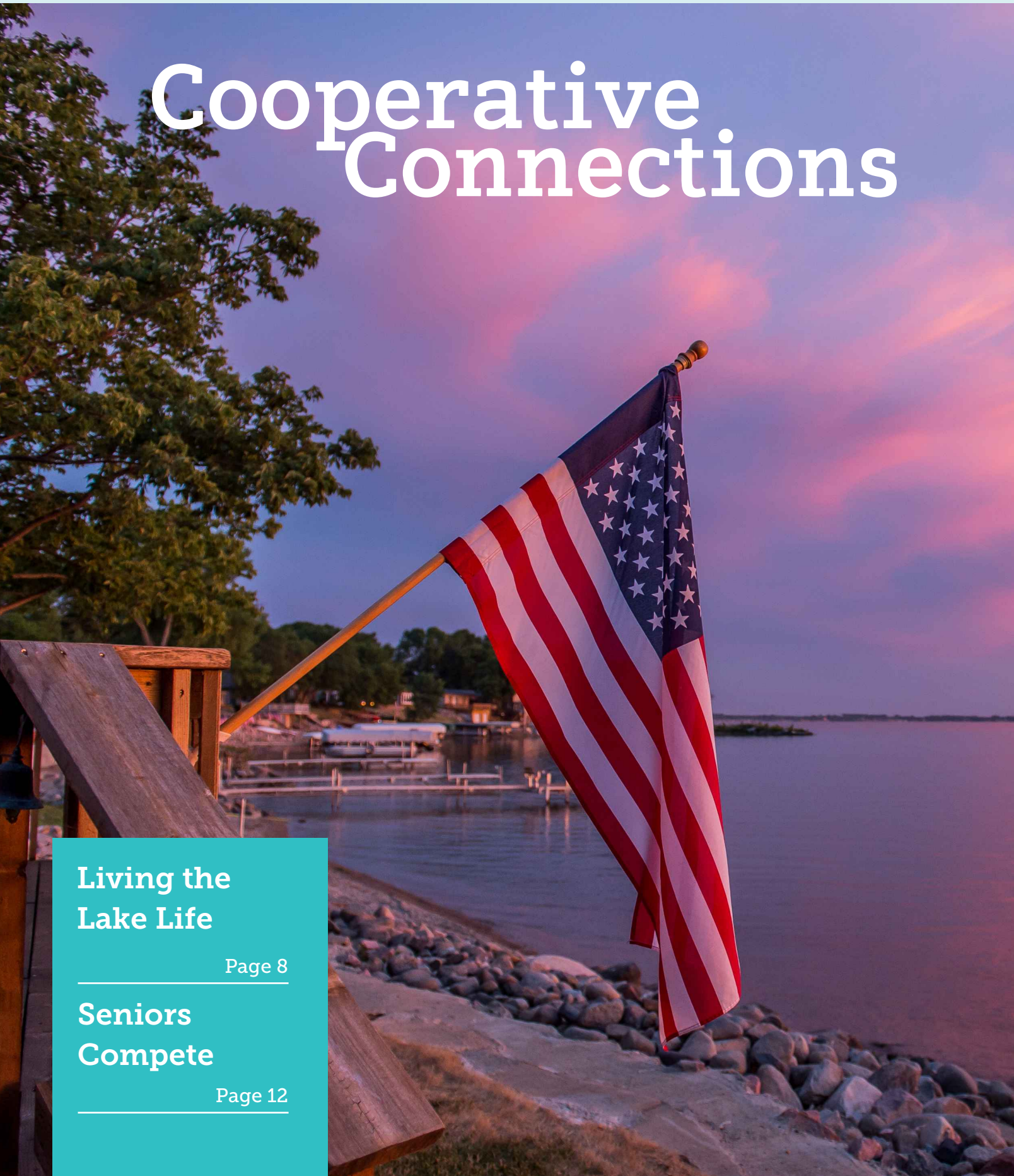
Cooperative Connections

**Living the
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Concern for Our Communities, Employees and You



Ken Schlingen

General Manager

Central Electric invests resources to better local communities and strengthen relationships with member-owners.

There are many cooperative businesses in our area from grain cooperatives, credit unions, and electric cooperatives. Each of these follows seven cooperative principles, one of which is “Concern for our Community.”

Central Electric invests resources to better local communities and strengthen relationships with member-owners. The cooperative’s employees and directors have a vested interest in doing what’s best for the communities we live in. That includes taking a leadership role in community projects, educating the public about safety and supporting charities, schools and community events.

Throughout this issue of the *Central Electric Cooperative Connections* magazine you will find the many examples of how your cooperative is involved in and supports our area communities. You, our member owners, are the reason your cooperative is making a big impact to many worthwhile organizations. Your participation in the Operation Round-Up® by volunteering to Round-Up your monthly electric bill to the next whole dollar has positively impacted many people.

We should thank the Operation Round-Up Board of Trustees who volunteer and meet twice annually to review applications and insure the limited funds are spent wisely. They are David Jorgenson of Mitchell, Greg Kotas of Emery, Connie Hattervig of Carthage, Carla Amick of Letcher, Scott Kolousek of Wessington Springs, Ellen Speck of Gann Valley, Jill Ekstrum of Pukwana, Julie Dykstra of Stickney, and Jim Headley of White Lake.

Central Electric’s mission statement is “Provide reliable energy and services with a commitment to safety and member satisfaction. Yes, we strive to deliver affordable and reliable electricity to you, but more importantly, we want our employees and you to return home safely each day. This requires ongoing focus, dedication, and vigilance from everyone!

While we appreciate your kindness and interest in the work of our crews, we ask that you stay back and let them focus on their task at hand. We are all responsible for each other’s safety and distractions in our business can have deadly consequences. If a line worker is on or near your property restoring power, trimming trees or to complete routine maintenance, please allow them ample room to work. These small accommodations help protect our crews and you.

If you have a dog, try to keep it indoors while line workers are on or near your property. While most dogs are friendly, some are defensive of their territory and can’t distinguish between a burglar and a utility worker. Our crews work best without this special member of your family “supervising” the job.


We recognize that for your family’s safety, you want to make sure only authorized workers are on or near your property. You will recognize Central Electric’s employees by their uniform shirts and our service trucks with our logo on them. You will likely recognize our line workers because they live right here in our local community.

In addition to giving line workers some space while they are on your property, we also ask that you move over and slow down when approaching a utility vehicle on the side of the road. This is especially important this year with the soft road conditions. Reducing your speed and moving over is an extra barrier of safety to help those who help all of us.

Due to the spring storms, there may be overhead power lines or broken poles in pastures and fields that have not been identified. If a line is down, always assume it is energized and dangerous. Know what to do to protect yourself and others if you are involved in or come across an accident involving a power line. For more information about electrical safety, visit our website centralec.coop or Safe-Electricity.org.

Until Next time, Be Safe.

CENTRAL ELECTRIC COOPERATIVE

A Touchstone Energy® Cooperative 

(USPS 018-963)

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CENTRAL ELECTRIC COOPERATIVE CONNECTIONS is the monthly publication for the members of Central Electric Cooperative, PO Box 850, Mitchell, SD 57301. Families subscribe to Cooperative Connections as part of their electric cooperative membership. Central Electric Cooperative Connections' purpose is to provide reliable, helpful information to electric cooperative members on matters pertaining to their cooperative and living better with electricity. Also available at www.centralec.coop.

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Office Information

M-F 8:00 a.m. - 4:30 p.m.
 800-477-2892 or
 605-996-7516
www.centralec.coop



Mission Statement

Provide Reliable Energy & Services
 with a Commitment to Safety and
 Member Satisfaction

Operation Round-Up® Meeting Summary



The Operation Round-Up Board of Trustees met on May 14, 2019, to review 16 applications totaling more than \$60,000 in funding requests. The Trustees awarded \$12,000 to nine applicants:

- 1) **Campbell Strawbale Museum, Carthage, SD;**
\$1,000 for resealing the floor;
- 2) **Gann Valley Community Center, Gann Valley, SD;**
\$750 to replace ceiling tiles;
- 3) **Jerauld County Trap Club, Wessington Springs, SD;**
\$2,000 for protective hearing equipment;
- 4) **Kimball Economic Development Association, Kimball, SD;**
\$900 for basketball hoops at the park;
- 5) **Lake Hanson Association, Alexandria, SD;**
\$700 for emergency siren;
- 6) **Miner County 4-H, Howard, SD;**
\$1,050 for outdoor facility lighting;
- 7) **Miner County Youth Shooting Association, Epiphany, SD;**
\$2,000 for a new clubhouse;
- 8) **Plankinton Ambulance Association, Plankinton, SD;**
\$2,200 for hand-held radios;
- 9) **Helping with Horsepower, Mitchell, SD;**
\$1,400 for barn ventilation.

Operation Round-Up grants are made possible by our members who "Round-Up" their electric bill each month. The next Operation Round-Up application deadline is November 1, 2019. For features on previous recipients, see pPages 10-11.

Employee Years of Service

Tim Harrington

July 2 – 35 years

DuWayne Moore

July 5 – 12 years

Thank you for your service to the cooperative!

Office Closed on July 4

Our office will be closed on
 Thursday, July 4th in observance
 of Independence Day.

In case of an outage, call
 800-477-2892 or 605-996-7516.



Electrical Safety Tips for the 4th of July

Well, it's summer and in just a few weeks the biggest holiday of the season arrives: The Fourth of July! As we prepare for backyard BBQs and poolside fun, there are some important things to remember to make sure it's a safe holiday.

Whether you are hosting or heading over to a neighbor's or relative's house to celebrate, we have a few safety tips to share with you so that your friends and family enjoy your time together and avoid accidents

Summer Poolside Electrical Safety Tips

Spending time in and around the pool is a big part of summer and celebration during the warmest months of the year. Regardless of whether you are hosting a get-together at your home or someone else's, make sure the chances for accidents are minimal by following these simple safety steps:

- Never run electrical cords over or alongside the pool. Water and electricity don't mix!
- If you are decorating the backyard, string party lights a minimum of three feet away from the pool or any water source.
- Store and activate fireworks as far away from the pool as possible.
- Never use a flotation device to support an electrical appliance (fan, etc.).
- Never cross the pool exit or towel storage area with electrical wires.
- Always use safety caps on electrical outlets near water.
- When possible, use GFCI outlets to protect yourself and your electrical appliances outdoors.

Electrical Power Line Safety Tips

Power lines run through neighborhoods and can even pass through overgrown trees. They're often the most dangerous when you don't even notice they're there because you either see them all of the time or they are covered by tree canopies. Stay mindful and remember these safety tips when you're spending time in the backyard or outdoor neighborhoods:

- Never let kids (or adults for that matter) climb trees that are near power lines.
- Make sure your trees are trimmed and out of the way of power lines running through your yard or near your home.
- Never attempt to touch a downed power line. If there is one in your yard, call the electric company immediately. There can still be current running through the line and an active line is highly dangerous.

Source: allstarelectrical.com

HERE'S WHAT
\$1 OF ELECTRICITY
WILL BUY YOU:



250 HOURS
OF BREWING COFFEE

KIDS CORNER SAFETY POSTER



"Don't let your goat eat your extension cords."

Paige Oppelt, 8 years old

Paige is the daughter of Paul and Laura Oppelt, Goodwin, S.D. They are members of H-D Electric Cooperative, Clear Lake, S.D.

Kids, send your drawing with an electrical safety tip to your local electric cooperative (address found on Page 3). If your poster is published, you'll receive a prize. All entries must include your name, age, mailing address and the names of your parents. Colored drawings are encouraged.

Delectable Desserts

Rhubarb Dump Cake

1 lb. rhubarb, cut into 1/4-inch slices	1 (18.25 oz.) pkg. yellow cake mix
1 cup white sugar	1 cup water
1 (3 oz.) pkg. strawberry gelatin	1/4 cup margarine, melted

Spread rhubarb evenly in bottom of a buttered 9x13-inch baking dish. Sprinkle sugar over rhubarb, followed by gelatin mix and finally the cake mix. Pour water and melted margarine over top. Do not stir. Bake at 350°F. for 45 minutes or until rhubarb is tender.

Jean Osterman, Wheaton, MN

Cherry-Pineapple Dessert

1 (20 oz.) can crushed pineapple with juice	1 cup coconut flakes
1 (21 oz.) can cherry pie filling	1 cup chopped pecans or walnuts, if desired
1 box yellow cake mix	1 cup (2 sticks) butter

Dump pineapple with juice and spread into bottom of pan. Top with cherry pie filling. Sprinkle top evenly with dry cake mix. Add coconut and chopped nuts. Slice butter over all. Bake at 350°F. for 35 to 40 minutes. Let cool before cutting.

Arlene BaanHofman, Corsica, SD

Mexican Cheese Cake (Sopapilla)

2 (8 oz. each) cans refrigerated crescent rolls	1-3/4 cups sugar, divided
2 (8 oz. each) pkgs. cream cheese, softened	1 tsp. vanilla
	1/2 cup butter, melted
	1 T. ground cinnamon

In medium bowl, beat cream cheese and 1 cup sugar and vanilla. Unroll 1 can dough. Place in bottom of ungreased 9x13-inch (3-quart) glass baking dish. Stretch to cover bottom of dish, firmly pressing perforations to seal. Spread cream cheese mixture over dough. Unroll second can of dough. Firmly press perforations to seal. Carefully place on top of cream cheese layer. Pinch seams together. Mix remaining sugar with cinnamon; sprinkle evenly over all. Drizzle melted butter evenly over top. Bake at 350°F. for 30 to 35 minutes or until puffed and brown. Cool before cutting.

Clarice Roghair, Okaton, SD

Spiced Peanut Butter Caramel Pie

1-3/4 cups graham cracker crumbs	1/2 cup sugar
1/2 tsp. ground ginger	2 tsp. apple pie spice
6 T. butter, melted	2 tsp. pure vanilla extract
2 (8 oz. each) pkg. Neufchâtel cheese, 1/3 less fat than cream cheese, softened	2 cups thawed frozen light whipped topping
1/2 cup peanut butter	1/4 cup caramel dessert topping
	1/2 cup chopped peanuts

Mix crumbs and ginger in medium bowl. Stir in butter until well blended. Press crumb mixture evenly into bottom and up sides of lightly greased 9-inch pie plate. Bake at 350°F. for 10 minutes. Cool completely on wire rack. Beat cream cheese, peanut butter and sugar in large bowl with electric mixer on medium speed until well blended and smooth. Beat in apple pie spice and vanilla until well mixed. Gently stir in whipped topping. Spoon into cooled crust. Drizzle with dessert topping. Using knife, gently swirl topping into pie until marbled. Sprinkle with peanuts. Refrigerate 4 hours or until set. Store leftover pie in refrigerator. Makes 12 servings.

Nutritional Information Per Serving: Calories 401, Total Fat 25g, Sodium 380mg, Cholesterol 42mg, Carbohydrates 34g, Protein 10g, Dietary Fiber 1g

Pictured, Cooperative Connections

Ginger Snaps

2 cups sugar	1 tsp. salt
1-1/2 cups butter	2 tsp. cinnamon
1/2 cup molasses	1 tsp. cloves
2 eggs	1/2 tsp. nutmeg
5 cups flour	3 tsp. ginger
3 tsp. soda	

Mix in order listed. Roll into small balls the size of walnuts. Roll balls in sugar. Place 2 inches apart. Bake at 375°F. for 15 minutes.

Bonnie Weber, Aberdeen, SD

Please send your favorite vegetarian, garden produce and pasta recipes to your local electric cooperative (address found on Page 3).

Each recipe printed will be entered into a drawing for a prize in December 2019. All entries must include your name, mailing address, telephone number and cooperative name.

Scholar of the Year Banquet Held in Brookings

Central Electric Cooperative and other East River Electric member cooperatives honored some of the area's most impressive high school seniors during the 17th annual Touchstone Energy® Scholar of the Year banquet at South Dakota State University in Brookings. The event honored the 34 high school students who were chosen each week throughout the school year as the Touchstone Energy Scholar of the Week.

From Central Electric, students Abby Dethlefsen of Corsica-Stickney High School, Kassidy Clark of Corsica-Stickney High School, Sydney Tlam of Mount Vernon High School, and Kristin Kotas of Bridgewater-Emery High School were recognized.

Students in attendance were eligible to win one of three scholarships. The names were drawn from among the attendees. Danielle Houghtaling, a senior at Doland High School, received a \$1,000 award. Jarret Haven, a senior at Northwestern Area



High School, and Allison Young, a senior at Sioux Falls Christian High School, were both chosen to receive \$500 awards.

Jim Woster, famed South Dakota agriculture writer, broadcaster and public speaker was the banquet's keynote speaker and KSFY News anchor Brian Allen served as the master of ceremonies.

For information on the 2019-2020 Scholar of the Week program, contact Courtney Deinert at Central Electric or visit yourcooppower.com.



Top-left: Kassidy Clark; Top-right: Sydney Tlam; Bottom-right: Kristin Kotas; Also honored but unable to attend was Abby Dethlefsen

Local Students Selected to Attend Youth Excursion

Two local students will be attending South Dakota Youth Excursion on July 22-25, 2019 to North Dakota as applicants of the Empower Youth Program.

Katelyn Nicholson is the daughter of Layne and Anita Nicholson of Mitchell and attends Hanson High School.

Colin Pennings is the son of Steve and Phyllis Pennings of Stickney and attends Corsica-Stickney High School.

Nicholson and Pennings will join nearly 50 students from across South Dakota to tour power generation sources in North Dakota, participate in hands-on experiments at Bismarck State College, and network with other student leaders.



Katelyn Nicholson



Colin Pennings

Baier Promoted

Congratulations to Andrew Baier who has accepted the position of Materials and Plant Supervisor.

Baier's responsibilities will include managing and purchasing materials, inventory, work orders, and numerous other tasks for daily operations. He has been with the cooperative since 2016 and previously served as Materials Coordinator in the warehouse.

Baier fills the position of Bruce Sparks who has accepted a position with Southeastern Electric.



Koupal Joins Kimball Crew

Daniel Koupal has joined Central Electric full-time as an apprentice lineman with the Kimball outpost.. Koupal is originally from Mitchell, SD and previously worked full-time for Highline Construction in Paynesville, MN. Koupal graduated from MTI in 2017 and has worked for Central Electric as a temporary summer utility worker in 2017 and 2018.



Bruning and Moore to Assist Operations



Braeden Bruning



Austin Moore

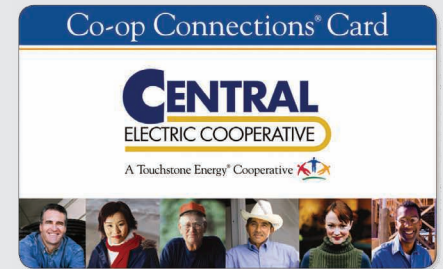
Welcome to Braeden Bruning and Austin Moore who have joined our operations crews for the summer.

Bruning is originally from Onida, SD, and his parents are Mark and Linda Bruning. He graduated this spring from Power Line Construction at Mitchell Technical Institute (MTI). He plans to return to MTI this fall for a 2nd year for the substation program. Bruning has previously worked for Shepherd Seed Co. in Onida. His interest in the field stems from three generations of linemen in his family, including his father, Mark, who is a foreman at Oahe Electric in Blunt, SD.

Moore is originally from White Lake, SD, and his parents are Clint and Rebecca Moore. He graduated from MTI last year from Power Line Construction and recently finished his 2nd year for Mapping & GIS. During his spare time, Austin has worked at the Mitchell Livestock sale barn. He also has a family member, his uncle, who is a lineman.

Both will assist all operations crews as needed this summer, which is the peak of construction season. They also gain beneficial, hands-on learning experience and hours toward earning their journeyman certificate.

Local Discounts with your Co-op Connections® Card



Your cooperative membership earns you discounts at local participating businesses.

Simply show your Co-op Connections® Discount Card and save.

- 1) **Village Bowl, Mitchell, SD;**
Bowl 2 games, get 3rd game free.
- 2) **Williams Musical & Office Equipment, Mitchell, SD;**
10% off regular price.
- 3) **Woelfel Jewelry, Mitchell, SD;**
15% off all diamond purchases and watches.
- 4) **605 Vision, Chamberlain, SD;**
15% off services and materials; cannot be combined with insurance or other offers.
- 5) **AAA South Dakota, Mitchell Branch, Mitchell, SD;**
Save \$15 on new membership by waiving entrance fee for SD residents only. Free atlas with insurance quote.
- 6) **Advantage Auto Glass LLC, Mitchell, SD;**
10% off windshield replacement or \$10 off windshield repairs.
- 7) **Aero Dyna Kleen Services, Mitchell, SD;**
\$20 off furnace and duct cleaning; 10% off carpet cleaning.

For a full list of ways to save, visit www.centralec.coop.





Elm Lake in northern Brown County has seen steady growth.
Photo by Ben Dunsmoor

LIVING THE LAKE LIFE

Scenic Views, Tranquil Living Inspire Many

Brenda Kleinjan & Ben Dunsmoor

brenda.kleinjan@sdrea.coop and
bdunsmoor@northernelectric.coop

Minnesota may be known as the Land of 10,000 Lakes, but for increasing number of South Dakotans are also making the connection to the water.

Some lakes in the Rushmore State have had developments associated with them for several decades while other lakes are relative new-comers to the year-round-home lake life.

Northern Electric Cooperative serves four major recreational lakes within Brown and Spink counties. The co-op serves nearly 1,000 lake-area homes and businesses at Elm Lake, Richmond Lake, Mina Lake, and Cottonwood Lake combined.

Elm Lake in northern Brown County has seen steady growth in popularity over the past 12 years. Elm Lake Association President Mike Jung says Elm Lake is not as busy as other lakes in the



Fishing is a popular pastime on many area lakes.
Photo by www.TravelSouthDakota.com

county and believes the quiet lifestyle is what is appealing to many people.

“I think the biggest thing up here is it’s so quiet all week long,” Jung said. “If you want to go fishing you can go a half mile down the lake and not have any jet skis near you.”

Mina Lake boasts the largest lake population within Northern Electric’s service territory. More than 400 homes and businesses are part of the small community between Aberdeen and Ipswich.

Mina Lake has been developing since the late 1930s when Julie Johnson’s grandfather built the first two cabins on the lake. Johnson currently lives at the lake and her family has been involved with developing the lake throughout her lifetime. She says the improvements in electric, water, and wastewater infrastructure has transformed the lake from a weekend destination to a full-time home for many residents.

“There are just a whole lot more people living out (at Mina Lake) all year long,” Johnson said.

Richmond Lake is also a popular place to

live, work, and play in Brown County. The 200-acre state-run Richmond Lake Recreation Area is open to campers, swimmers, and fishing enthusiasts. Nearly 300 homes and businesses are located around the Richmond Lake shoreline.

“I think the biggest thing up here is it’s so quiet all week long.”

Cottonwood Lake in Spink County serves as a Redfield-area retreat. More than 100 homes dot the shores of Cottonwood which is a busy spot for boating and fishing throughout the summer months.

Head to the south and one of the state’s largest lakes, Lake Poinsett, has been increasing in popularity over the years, with a growing number of year-round homes.

Settled into the southern part of Hamlin County and northern part of Brookings County, S.D. Highway 28 provides easy

access to the lake from Interstate 29 while U.S. Highway 81 provides a north-south corridor from Watertown to Madison and points south.

To the west, growth along Lake Oahe – the stretch of the Missouri River extending above the Oahe Dam at Pierre up into North Dakota – has also seen considerable growth.

And with that growth can be challenges.

“We’ve experienced it in the past, when the reservoir gets full, the hills shift on us and can tear our cable apart. It’s torn on us three times already,” said Cam Wal Electric Manager Terry Keller. The western boundary of the co-op’s area is formed by Lake Oahe in Campbell, Walworth and Potter counties.

Keller said that some of the areas have residents year-round, while others are occupied in the spring, summer and fall.

“We have a few that come stay a couple of weeks and then go home,” Keller said.

“Even with the challenges, the real growth we have is along the reservoir,” said Keller.



Lake Poinsett provides inspiring vistas for photographer Greg Latza. Photo and Cover by ©Greg Latza

Members Invest Back into Local Communities

Through Operation Round-Up, our members are taking small steps toward big changes in their communities. By “rounding up” their monthly electric bill, our members’ cents flow into a charitable fund to aid local projects and those motivated to make a difference in our communities.

Artesian Community Improvement Receives \$1,000

With the help of some local volunteers, the Artesian Community Center is providing a vital service for the county as a place to host gatherings. The Artesian Community Improvement Association recently received a \$1,000 grant for new kitchen appliances in the Artesian Community Center.

The Community Center serves a broad spectrum of community members, including local families, businesses, and youth groups. The community center, including the kitchen, seating area, and full gym, is available for rent by contacting Kaci Bechen.

Howard Youth Basketball Receives \$1,500

With a \$1,500 Operation Round-Up grant and several other local donations, the Howard Youth Basketball program was able to purchase new basketball hoops for the elementary school playground.

The new hoops are not only more structurally sound and visually appealing, but can be lowered to accommodate fun for all ages! Coaches Nick Koepsell and Adam Shumaker explain that it is difficult for younger kids to develop an interest in



L-R: Ken Schlinggen, Jenica Bender, Brenda Schmidt, Jennifer Enfield, Molly Ebersdorfer, Jon Enfield



Kitchen updates will better accommodate those who utilize the Artesian Community Center



The Howard 4th and 5th graders gave a thumbs up on the new hoops!



Manager Schlinggen presents a check to Coach Nathan Hainy and several of the spring baseball players.

basketball if they’re trying to shoot on a 10-foot-high hoop.

General Manager Ken Schlinggen and Miner County Director Bernetta Burghardt visited the school to present a check to Koepsell and Shumaker and see the hoops in action.

Wess. Springs Baseball Awarded \$1,500

A longstanding symbol of pride for many rural, local towns is its baseball team. The



L-R: David Gaulke, Ellen Speck, Jill Ekstrum, Jerry Lutter, Judy Gaulke, Leonard Harris, Ken Schlimgen

Wessington Springs Baseball team was awarded \$1,500 toward the purchase of new equipment and field upgrades.

Equipment and field upgrades help provide a quality program for the players, visiting teams, and also alleviates the financial responsibility of the players, coaches, and volunteers who would pay for upgrades out-of-pocket when needed.

The Wessington Springs Baseball program provides a spring and summer league for players near Wessington Springs as well as the surrounding areas. Coach Nathan Hainy welcomes any local player who would be interested in joining their league.

Gann Valley Comm. Center Receives \$2,750



Gann Valley citizens enjoy coffee and cake on a rainy morning

Fellowship and gatherings play an important role in quality of life in a small town, and the residents of Gann Valley understand this. The former post office and newspaper building serves as the community center and is receiving numerous upgrades with the help of \$2,750 from Operation Round-Up, volunteers, and other local donations.

Several citizens are working to renovate the space after a fire destroyed much of the upstairs. Recent updates include

installing insulation, repairing a leaking roof, sheetrock, flooring, a new furnace, and ceiling tiles. Funds are used to cover material expenses as labor is all done by volunteers.

The community center is utilized daily for coffee, by local groups such as 4-H, as well as individuals for private events. The center can be rented by contacting Treasurer Judy Gaulke.

Spring Hill Cemetery Receives \$3,500



New bases protect the headstones from tipping or breaking

Nearby in Gann Valley, the Spring Hill Cemetery also serves an important role for the community. Spring Hill Cemetery has been awarded \$3,500 for repairs.

Secretary/Treasurer Evelyn Wulff explains that several of the headstones have tipped and need to be straightened or need new bases. Funds have been used to construct new bases and repair the broken headstones. In addition to serving individual community members and families, the cemetery is utilized each year as part of the Legion's Memorial Day Service.

Since the Operation Round-Up's initiation in 2015, a sum of 50 grants totaling \$84,555 have been awarded to local projects in Aurora, Brule, Buffalo, Davison, Hanson, Jerauld, Miner, and Sanborn counties.

Program Information

- 1) How many members participate in Operation Round-Up®?**
Approximately 70 percent, or 3,850 members, contribute.
- 2) How do I contribute?**
To "opt in" to the program, simply call our office at 800-477-2892, 605-996-7516, or email cec@centralec.coop and ask to enroll your account in Operation Round-Up.
- 3) What is the average donation?**
On average, a member will donate \$.50 per month or \$6.00 per year.
- 4) How do I know how much I've donated?**
On each monthly bill, there is a "Operation Round-Up" line item that will tell you your monthly donation.

To find out your annual donation or total contributions, log in to SmartHub at centralec.coop.
- 5) What expenses come out of the Operation Round-Up donations?**
None; 100 percent of your donation directly impacts the fund. Program fees and costs are covered by Central Electric.
- 6) How do I apply for a grant?**
Applications can be found at centralec.coop or by contacting our office.
- 7) Who awards the funds?**
A volunteer board of 9 trustees, including one from each county, meets to review applications and award the funds each May and November.



Seniors Staying in Shape

Fellowship, Competition All Part of Senior Games

Brenda Kleinjan

editor@sdrea.coop

For more than 35 years, South Dakota seniors have been gathering in fellowship and competition in the South Dakota Senior Games.

The state senior games will be held in September in Watertown, while regional competitions take place throughout the state from May through August. (Minnesota's Senior Games are Aug 1-4 in St. Cloud.)

The South Dakota games got their start in 1984 when the Division of Adult Services and Aging within the South Dakota Department of Social Services established the competition. The purpose was to encourage seniors to become involved in, as well as maintain, on-going physical exercise.

By 1996, state funding for the games was withdrawn, but the games continued on. A Senior Games board of directors was formed, comprised of participants from across the state. The non-profit establishes the rules and regulations for the games and provides financing and developing local, regional games as well as the state games which features 21 different sports.



Team and partner events as well as individual competitions are part of the 21 sports offered at the South Dakota Senior Games.

Since then, hundreds of South Dakotans aged 50 and up have been lacing up their sneakers and heading to the field, court or track to compete.

During the South Dakota Senior Games state competition, participants will compete in 21 different events within five-year age divisions (50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99 and 100+).

Every two years, a national event is scheduled and the state games are the qualifying event for the national stage.

The 2019 National Games were set for June 14-25 in Albuquerque, N.M.



SOUTH DAKOTA SENIOR GAMES



South Dakota Senior Games

Thursday, Sept. 5

- 7:30 a.m. – Golf and Shuffleboard
- 8:30 a.m. – Disc Golf and Bean Bag Toss
- 12:15 p.m. – Swimming
- 12:30 p.m. – 8-ball pool
- 2:30 p.m. – Bowling Mixed Doubles and Jump Rope
- 5 p.m. – Pickelball mixed doubles
- 5:30 p.m. – Table Tennis and Strength contests (Pull ups, timed plank, push ups, arm curls, timed wall sit, bench press reps)

Friday, Sept. 6

- 7:30 a.m. – Horseshoes
- 8 a.m. – Pickelball (Doubles and Singles)
- 8 a.m. – Cycling (5k, 10k, 20k, recumbent bikes)
- 9 a.m. – Bowling (Men's and women's singles)
- 12:15 p.m. – Track and Field
- 12:30 p.m. – Tennis and Badminton
- 2:30 p.m. – Volleyball
- 3 p.m. – Softball (Men's 60+)
- 6:30 p.m. – Banquet and Annual Awards Presentations

Saturday, Sept. 7

- 7 a.m. – 5k race walk and 5k power walk; 5k road race; 10k road race
- 7:30 a.m. – Track and Field
- 9 a.m. – Basketball shoot
- 11:30 a.m. – Picnic for athletes
- 1 p.m. – Three-on-Three Basketball
- 2 p.m. – Racquetball
- 2 p.m. – Mens Softball
- 3 p.m. – Womens Softball

Sunday, Sept. 8

- 8:15 a.m. – Archery
- 10 a.m. – Men's and Women's Softball Continues



Table tennis is one of 21 sports at the South Dakota Senior Games.

South Dakota Regional Senior Games

Sioux Falls	May 30- June 1	Nick Brady Sioux Falls Parks and Rec Phone: 978-6924
Northern Hills Senior Games, Spearfish	June 7-8	Brett Rauterkus – Spearfish Rec Center 722-1430
Madison Interlake Games	June 28-29	Bernie Schuurmans 270-3327
Aberdeen	July 11-13	Gene Morsching – Aberdeen Parks and Rec 626-7015
Black Hills Senior Games	July 24-27	Rapid City Parks and Rec – Kristi Lintz 394-4268
Brookings	July 26-27	Brookings Activities Center – Traci Saugstad 692-4492
Yankton	Aug. 3-4	Yankton Parks and Rec – Brittany Orr 668-5234
Huron	Aug. 9 – (Pickleball) Aug. 10 – Track and Field and other events.	Howard Bich – Call for information and Registration Form – 605-275-6891 or 605-491-0635 – Cell or LaRon Clock 605-353-8533
Watertown	Aug. 22-24	Watertown Parks & Rec – Andrew Magedanz

State Senior Games

Minnesota State Senior Games, St. Cloud	Aug. 1-4	Contact Info: Fritz Butkowski Phone: 320-762-2868 Web Site: Minnesota Senior Games http://mnseniorgames.com http://www.mnseniorgames.com/page/Schedule-of-Events-x-274-21-287.html
South Dakota State Games, Watertown	Sept. 5-8 (Online registration is Aug. 30. There is no on-site registration)	Howard Bich, Executive Director e-mail: sdsrgames@gmail.com or habich@sio.midco.net 605-491-0635

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Patrick Soukup

Manager of Member Services/
Marketing

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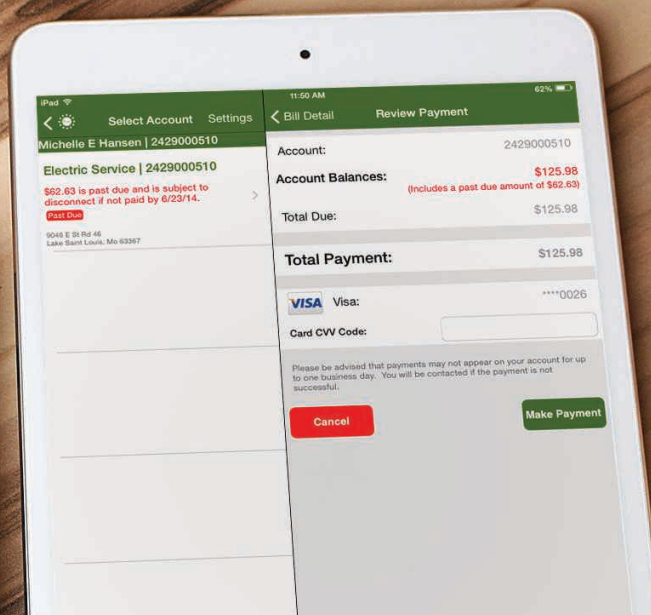
You'll also be able to see important notices with SmartHub. You'll be able to select how you want to be notified about your bill, including email and text messaging. You'll even be able to set usage thresholds so that you'll know when you're using more than you'd like and help you keep your electricity bill as low as possible.

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Thursday, June-September

Mitchell Farmer's Market, Featuring fresh produce, meats, eggs, baked goods, handcrafted items and more, 4:30 to 7 p.m., Corn Palace Plaza, Main Street, Mitchell, SD

June 21-July 12

River City Friday Nights "Bridging Families and Communities Together!" Weekly Fridays 6 to 10 p.m., Live music, vendors, kids activities, beer garden, Free Admission, Main Street, Chamberlain, SD, Contact Mollie at 605-682-9051

June 27-29

74th Annual Crystal Springs Rodeo, Performances every night at 8 p.m., Clear Lake, SD, 605-874-2996, crystalspringsrodeo.com

June 28-29

"Fishing for a Cure" Ladies Only Fishing Tournament, Rules Meeting Friday at 6 p.m., Tournament Saturday at 8 a.m., American Creek Marina, Chamberlain, SD, Contact Kelli at 605-730-1967

June 28-29

Senior Games, Madison, SD, Contact Bernie Schuurmans at 605-270-3327

June 29-30

Archeology Awareness Days, Mitchell, SD, 605-996-5473

July 5-7, 12-14, 19-21

Laura Ingalls Wilder Pageant, De Smet, SD, 800-776-3594

July 6

Rivercity Rumble #4 Demolition Derby, 1 p.m., Chamberlain, SD, 605-220-9391



June 21-23: Scavenger's Journey, A treasure trove event with antiques, rummages and more stretching from Mt. Vernon to Kadoka, SD, Contact Elaine Titze at 605-999-7287, www.scavengersjourney.com

Photo courtesy: Scavenger's Journey Committee

July 6-7

Prairie Village Railroad Days, Madison, SD, 800-693-3644

July 9-14

3 Wheeler Rally, Deadwood, SD, 605-717-7174

July 11-13

Annual Hot Harley Nights, Sioux Falls, SD, 605-334-2721

July 11-13

Senior Games, Aberdeen, SD, Contact Gene Morsching at 605-626-7015

July 13

Cruiser Car Show & Street Fair, Rapid City, SD, 605-716-7979

July 13-14

Summer Arts Festival, Brookings, SD, 605-692-2787, www.bsaf.com

July 17-20

Black Hills Corvette Classic, Spearfish, SD, 605-759-4530

July 18-21

Corn Palace Stampede Rodeo, Mitchell, SD, 605-770-4919

July 19-20

Storybook Land Festival, Aberdeen, SD, 605-626-7015

July 19-20

Gumbo Ridge Bronc Ride and Ranch Rodeo, Murdo, SD, 605-669-3031

July 19-21

Stampede Rodeo, Burke, SD, 605-830-0304

July 19-21

Annual Festival in the Park, Spearfish, SD, 605-642-7973

July 20-11

Hills Alive, Rapid City, SD, 605-342-6822

July 20-21

JazzFest, Sioux Falls, SD, 605-335-6101

July 23-27

Days of '76 Rodeo and Parades, Deadwood, SD, 605-578-1876

July 24-27

Senior Games, Rapid City, SD, Contact Kristi Lintz at 605-394-4268

July 26-27

Senior Games, Brookings, SD, 605-692-4492

August 3-4

Senior Games, Yankton, SD, 605-668-5234

August 17

American Island Days, American Creek Campground, Chamberlain, SD, Contact Donna at 605-680-1202

August 17

15th Annual Pheasant Fest, Sample pheasant dishes on Main Street, Lawn mower races, 8 p.m., Plankinton, SD

To have your event listed on this page, send complete information, including date, event, place and contact to your local electric cooperative. Include your name, address and daytime telephone number. Information must be submitted at least eight weeks prior to your event. Please call ahead to confirm date, time and location of event.